

Steroid Ladder

Very Potent

Dermovate® (clobetasol propionate 0.05%)
Dermovate® Scalp Lotion (clobetasol propionate 0.05%)
Etrivex® Shampoo (clobetasol propionate 0.05%)

Avoid on:

- Eyelids
- Face
- Groin
- Armpits
- Breast Folds
- Genitals
- Children
- Psoriasis

Potent

Betnovate® (betamethasone valerate 0.1%)
Betacap® (betamethasone valerate 0.1%)
Locoid® (hydrocortisone butyrate 0.1%)
Synalar® (fluocinolone acetonide 0.025%)
Elocon® (mometasone furoate 0.1%)

Synalar® N (fluocinolone acetonide 0.025%,
neomycin sulfate 0.5%)

With Vitamin D (for use in psoriasis only)

Dovobet® (betamethasone dipropionate
0.05%, calcipotriol 50 mcg/g)
Enstilar® (betamethasone dipropionate 0.05%,
calcipotriol 50 mcg/g)

With antibacterial

Fucibet® (betamethasone valerate 0.1%,
fusidic acid 2%)
Synalar® C (fluocinolone acetonide 0.025%,
clioquinol 3%)

Avoid on:

- Eyelids
- Face
- Groin
- Armpits
- Breast Folds
- Genitals
- Children without expert opinion

Moderate

Betnovate-RD® (betamethasone valerate
0.025%)
Eumovate® (clobetasone butyrate 0.05%)
Haelan® Tape (fludroxycortide 4 mcg/cm²)

With urea

Alphaderm® (hydrocortisone 1%, urea 10%)

With antifungal & antibacterial

Trimovate® (clobetasone butyrate 0.05%,
oxytetracycline 3%, nystatin 100,000 units/g)

Avoid on:

- Eyelids

Mild

Hydrocortisone (0.5%, 1% & 2.5%)
Synalar® 1 in 10 Dilution (fluocinolone
acetonide 0.0025%)

With antifungal

Canesten® HC (hydrocortisone 1%,
clotrimazole 1%)
Daktacort® (hydrocortisone 1%, miconazole
nitrate 2%)
Nystaform® HC (hydrocortisone 1%, nystatin
100,000 units/g, chlorhexidine 1%)

With antibacterial

Fucidin® H (hydrocortisone acetate 1%,
fusidic acid 2%)

- To minimise side-effects of topical steroids, apply thinly to the affected area only, up to a maximum of twice a day.
- Products containing antimicrobials should be used for a short period (typically twice daily for 1 week).

Emollient Ladder

Very Greasy 

**AproDerm®
Ointment**



Greasy 

**AproDerm®
Gel**



Medium 

**AproDerm®
Emollient Cream**
Also a Soap substitute



Light 

**AproDerm®
Colloidal Oat Cream**
Also a Soap substitute
& Paraffin-free



Greasiness Scale

AproDerm® Soothes, Moisturises and Protects from Birth

For free patient support materials visit
www.aproderm.com/healthcare-professional/patient-resources